



FEEL GOOD FEBRUARY

GRATITUDE LETTER

Dear (name),

I wanted to let you know how grateful I am for your (support, guidance, kindness, advice, help).

I am incredibly thankful for the way you (write something specific about what the person has done for you).

Because of your support, I have been able to (explain what you have been able to achieve, learn, or heal from because of the person's actions).

I remain deeply grateful for all you have done for me.

(Yours sincerely, warm regards, with love),

(Your name)

